



## Individualized Services: Consultation, Supported Employment, and Personal Training

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### **NAVIGATIONAL CONSULTING (\$100 PER HOUR\*)**

-Families provided information about the various services, funding, and benefits that may be available to their individual based on the differing eligibility criteria.

-Staff will assist families with completion of applications, all follow-up communication required, and securing all required accompanying documentation.

-A written consultation plan with goals and concrete objectives to achieve goals.

### **NOW/COMP WAIVER CONSULTATION (\$55 PER HOUR\*)**

-Families provided information about the various services provided through the waiver, eligibility criteria, and detailed criteria required in psychological evaluation.

-Assistance with application completion and submittal, follow-up, and assistance with managing the waiting list.

### **PARTICIPANT DIRECTED SERVICES CONSULTATION (\$55 PER HOUR\*)**

Families provided information necessary to implement self-directed services including what services can be self-directed, vendor eligible services, daily and monthly service maximums, budgeting issues, staffing options, proper documentation, clearly defined role of employer (family) and Support Coordinator, and what to expect from a fiscal agent.

### **ISP ADVISOR (\$100 SERVICE PACKAGE or \$55 PER HOUR\*)**

Staff will assist with goal preparation, identifying needed services, attend ISP meeting, and supply family with a list of issues that may require follow-up throughout the year.

### **IEP ADVISOR (\$55 PER HOUR\*)**

- Staff will attend IEP meeting, and offer recommendations to family.

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\*A sliding fee scale is offered for consultation services with income verification. A free 30 minute consultation is provided

## **SUPPORTED EMPLOYMENT**

### **Job Development through Job Placement (\$65 PER HOUR)**

- Job Analysis or Discovery, Job Development and Job Placement are provided to individuals seeking employment. Staff work with the individual to find the right employment fit and seek out employers that have jobs in the community with the appropriate accommodations
- Staff will provide an initial interview and will propose a plan for how to proceed as well as explain the services from AADD.

### **Job Coaching (\$15 PER HOUR)**

- On the job training, follow-up and problem solving for the employee and the supervisory to ensure a successful placement. Follow-up provided on schedule determined by work level, site and individual preferences.
- Hours will vary depending on the situation and the need. consultation is available. Sliding fee scale is available with proof of income.

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### **Personal Training (\$50 PER HOUR)**

A Certified Personal Trainer will conduct initial fitness assessment; including (weight, body fat composition, height, short-term/long-term goals, etc.). The trainer will design a fitness program specific to participant's needs & desired outcomes. Monthly retests will be done to track progress of overall fitness. Whether you are looking for weight loss, increased cardiovascular endurance, nutrition, increased mobility or range of motion, we have the skill set to achieve your goals.